



The mind/body/nature connection, also called Vitamin N (for nature), will enhance physical and mental health.

Richard Louv,
The Nature Principle:
Human Restoration and the
End of Nature-Deficit Disorder





## Second Wind M Llama Adventures

**Special Offer for Veterans!** Second Wind Farm wants to pay it forward to thank you for your service. Starting in September 2016, one Sunday afternoon and one weekday morning per month will be a "Veteran Appreciation Day". Llama Adventures will be free for veterans and half price for your family or friends. See website for reservation calendar. Space is limited, first come first served.

Welcome to Second Wind Farm! My name is Bev Vienckowski and my passion is farming. We invite you to spend some time with us to enjoy nature, relax and have fun. Our 3<sup>1</sup>/<sub>2</sub> acre farm is in New Egypt, Ocean County, New Jersey, and just a short walk to the Colliers Mills Wildlife Management Area (WMA).

## Are you looking for a new outdoor experience? Expand your horizons with some llama-time in New Egypt at Second Wind Farm.

Create a memory! We offer a unique experience where you can meet and walk a llama. From a Meet the Llamas haltered walk inside the pasture to a 2½ hour hike along the Cranberry Bog Trail, each adventure is a special occasion. The walks and farm visits are suited to all ages, from kids to seniors and those with special needs.

Each Second Wind Llama Adventure begins with a short farm visit. First we meet the chicken ladies, then each llama is introduced by name, age, and personality. I brief our visitors on llama psychology and farm safety. It's a very special time when you choose your llama partner or they choose you. It is my goal to make everyone feel welcome and safe.

The terrain here is relatively flat. The trail begins through a wooded area at the scenic Colliers Mills and meanders quietly among lakes and cranberry bogs. Our five halter-trained, gentle llamas – Gunner, Carbon, Jim-E, Clemente and Eduardo regularly go on day hikes with people of all ages. We consider your time frame, the weather and the fitness of our visitors when booking your llama walk. For most walks, we will put a pack on one or two llamas to carry water bottles, snacks, extra gear or clothing. Everything we carry in we must carry out.

## Second Wind Farm NE, LLC

256 East Colliers Mill Road, New Egypt, NJ 08533

For more information, contact Bev or visit our website: **www.secondwindllamas.com** Follow us on Facebook: **Second Wind Farm NE, LLC** and Instagram: **secondwindllamas** Phone: 609-286-2521 • Mobile: 848-448-0886 • Email: swfarm@comcast.net

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